

Do I need to keep my child off school?

If your child has typical cold symptoms e.g. a stuffed or runny nose, sore throat or headache they do not need to be tested for Covid-19. They just need to rest and recover and can return to school when they feel better.

If they have any other symptoms, please check the actions below:

Do they have a persistent cough?

This means coughing a lot for more than an hour, or 3 or more coughing episodes in one day. If they usually have a cough, is this worse than usual?

Do they have a high temperature?

Does their chest or back feel hot to the touch or do they have a temperature of 37.8 degrees C or higher?

Do they have a loss of (or change to) taste or smell?

If your child has **none** of the above symptoms



Your child can come to school as soon as they feel well enough

If your child has **1 or more** of the above symptoms



Keep your child off school and arrange a Covid-19 test for them.

They may return to school once:

- a negative test has been received, or
- 10 days have passed since symptoms started